



**Michael R "Ron" Eslinger,
Captain, USN, Retired**
RN, CRNA, MA, APN, BCH, CMI, FNCH

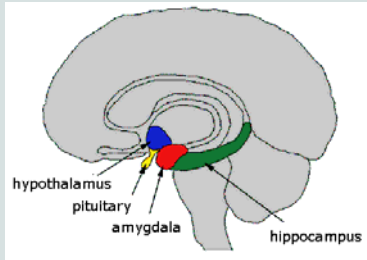
**Registered Nurse, Certified Registered
Nurse Anesthetist, Master of Arts,
Advanced Practice Nurse,
Board Certified Hypnotherapist,
Certified Master Instructor of Hypnosis,
Fellow National Council for Hypnotherapy (United Kingdom)**

Ron Eslinger is a retired Navy Captain He is owner and CEO of Healthy Visions, Clinton, Tennessee, President of the American School for Clinical Hypnosis, International and President and Founder of the American Association for Moderate Sedation Nurses.

Eslinger became a Certified Hypnotherapist in 1978, and opened the Knoxville Center for Clinical Hypnosis in 1979. He became a Certified Instructor for the National Guild of Hypnotist in 1999. Board Certification in 2001, Certified Master Instructor in 2006 and Fellow National Council for Hypnotherapy United Kingdom in 2007.

His Hypnotherapy awards include Researcher of the Year 2003, Presenter of the Year in 2004, Achievement Award 2005, Lifetime Achievement 2007 and Educator of the Year 2008.

The Pain Brain Connection in Detail



A Disturbing Fact:

- More than 50 million Americans are partially or fully disabled by chronic pain.
- The brain controls over 3000 chemicals in the body. Among these are Endorphin, Serotonin, and Melatonin which are effected by the subconscious.
- Learn how you can make a difference from the simple things you learn in this course

HOTEL ACCOMMODATIONS:

Check our web site or Google Hotels
Clinton, TN 37716

5 miles from Healthy Visions

Rate Plan Code: Student of Healthy Visions

Airport Knoxville, TN (Code TYS)

Transportation Reservation Available from Hotel

Call 865-269-4616 at least 2-days prior to course start .

CERTIFICATION FOR HYPNOTISTS EXCITING EXPERIENCE FOR NON-HYPNOTISTS

Learning Objectives: The attendee will be able to:

1. Experience confidence and comfort in working with pain clients
2. Examine the most common component of chronic pain.
3. List 21 parts to a success session.
4. Experience and practice three mindfulness techniques
5. Discuss a case study
6. Study the Limbic System and its effect on pain

In 2000 the Joint Commission for Accreditation of Health Care Organizations (JCAHO) established standards for the assessment of pain. The standard also specifically states that alternative non-pharmacological methods for pain management are to be used by all hospitals as a part of their accreditation. Because of the JCAHO standard many hospital based pain clinics are hiring qualified complementary health practitioners to meet these standards.

Ouch!

Pain Costs Employers \$80 Billion Annually

Summarized from a Reuters Health/ABC News Story, August 21, 2002. It is now worse.

Yours was the most important seminar I have ever taken regarding hypnosis and healing. Little did I imagine the many uses it would have. I can't thank you enough.
Joyce Flynn, St. Louis

One of the best courses I've attended - Tim Brunson, DCH
Every medical and dental professional should be required to take Ron's course. It should be part of every dental - medical school curriculum. *Janet*

I gained more confidence to really help my clients. Having a protocol & some new techniques to really effect change is empowering. Thank you for sharing your knowledge! *Suzanne Norman*



Demonstration of Glove Anesthesia

***Hypnotist or Non-Hypnotist You Will be Amazed at
What You Can Accomplish for Yourself and Others!***

CERTIFIED HYPNOTISTS CAN APPLY FOR CERTIFICATION

2—DAY AGENDA

- Introduction
- The Biology of Hypnosis for Pain Management in an evidence based culture
- Case Study
- The treatment Plan - 21 steps to a successful 1st session
- First session with client chosen from class attendees
- Demonstration followed by Practice of the following:
 - Activation of pain killing hormones
 - Mindfulness training in the promotion of comfort
 - Regression for releasing past pain related events
 - Regressing to cell memory and its roll in remembering comfort
 - Convincers in the production physiological and biological responses
 - Multilevel induction that incorporates EMDR, Confusion, Convincers, Metaphors, Color, Comfort, Deepening and Self-hypnosis.
 - Three awake hypnotic demonstrations and convincers
 - A cognitive pain/comfort response
 - Glove anesthesia
- Do you have a script for this?
 - Where does the most effective script come from
 - Creating a script demonstration
 - Creating a script in class
 - How to develop powerful, effective metaphors in script writing
- Issues – there is never just one!
 - Self-talk how to direct toward a positive outcome
 - Stress and its role in changing the pain response
 - Sleep
- Case report
- Pain Brain Connection
- Video of how changing the mind, changes the brain which changes the pain
- Follow up sessions 2nd, 3rd and 4th in 15 parts
- Additional inductions
- Mechanical aids
- Marketing your skills to increase your client base to increase your income
 - Health organizations in your community
 - How to reach possible corporate clients
 - How to set yourself up to apply for government contracts

You Will Learn How to Help Yourself and Others:

**Change the Mind
Change the Brain
Change the Pain**



Registration Form
HYPNOSIS FOR PAIN MANAGEMENT

April 12-13, 2012
8:00am-5:00pm

PLEASE PRINT

\$325.00 if registered 3 weeks prior to course. After that date \$350.00

Name As _____
On Certificate: _____

Address: _____

City: _____ St: _____ Zip: _____

AANA # _____

RN # _____ CH: Yes _____ No _____

Email: _____

Phone: _____

Circle Type: Check Visa MC AMEX Discover

If Paying by Credit Card:
Credit Card Number: _____

Expiration Date: _____ Sec Code # _____

Print Name on Card: _____

Signature _____

Location of Workshop
Healthy Visions
351 Market Street
Clinton, TN 37716

Phone: 865-269-4616
Toll Free 866-312-3159

www.eslinger.net

Location of Workshop
Healthy Visions
351 Market Street
Clinton, TN 37716



Pain Relief Without Medication April 12-13, 2012 Approved AANA 16 CE Credits

HEALTHY VISIONS
**HYPNOSIS FOR
PAIN MANAGEMENT**

APRIL 12-13, 2012
HEALTHY VISIONS
Clinton, TN

CERTIFICATION AVAILABLE FOR HYPNOTIST
Approved for 16 CE Credits

5 Additional Home Study CE Credits Available at Discount

*Approved for 16 CECs American Association of Nurse Anesthetists
Code #1025884 Expiration 6/8/2012*

*Healthy Visions is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). Approved for 16 CE Credits
Code # 5-133-412.*



PAIN RELIEF WITH OUT MEDICATION
USING HYPNOSIS AND SELF-HYPOSIS

www.healthyvisionshypnosis.com

Inspiring Individual Initiative
Through Education & Communication